

Time to talk

Are you living with memory problems or dementia?

Are you a carer for someone with memory problems or dementia?

Would you like some advice or support?

Call in at one of the drop-in sessions at a venue in Bollington, Disley or Poynton for friendly, professional advice from your local health team.

Find out about dementia services, finances, therapies, diet and social groups, etc.

There's no need to book, just turn up. For more details see overleaf.



Time to talk 2023

Fri 9th June	Bridgend Centre, Bollington, SK10 5PW	1pm-2:30pm
Wed 28th June	Poynton Civic Hall, SK12 1RB	1pm-2:30pm
Fri 14th July	Disley Community Centre, SK12 2BB	2pm-3:30pm
Wed 9th August	Poynton Civic Hall, SK12 1RB	1pm-2:30pm
Fri 11th August	Bridgend Centre, Bollington, SK10 5PW	1pm-2:30pm
Fri 8th September	Disley Community Centre, SK12 2BB	2pm-3:30pm
Wed 20th Sep	Poynton Civic Hall, SK12 1RB	1:30pm-3pm
Fri 13th Oct	Bridgend Centre, Bollington, SK10 5PW	1pm-2:30pm
Wed 1st Nov	Poynton Civic Hall, SK12 1RB	1:30pm-3pm
Fri 10th Nov	Disley Community Centre, SK12 2BB	2pm-3:30pm
Fri 8th Dec	Bridgend Centre, Bollington, SK10 5PW	1pm-2:30pm
Wed 13th Dec	Poynton Civic Hall, SK12 1RB	1:30pm-3pm