Time Out Café For Poynton seniors

- Welcome to the Time Out Café! The Café is open most Friday afternoons between 2pm – 4pm at Poynton Civic Hall. You are welcome to stay for the full two hours or pop in when you can.
- There are times when the Café is closed so it's always best to check first by contacting the Civic Hall on 01625 872238.
- The café is run by volunteers who provide a guaranteed warm and friendly welcome, refreshments and a chat. The volunteers also provide activities such as a game of bingo, dominoes or colouring activity, although if you simply want to socialise with others in a friendly environment, that's perfectly fine!
- The volunteers aren't able to take responsibility for those attending the café. If you or a loved one attending the café require any support, please bring a friend or carer who is able to offer the support needed.
- We ask for a small donation of £1 to cover the cost of tea, coffee, cake and biscuits.
- Occasionally our local PCSO's or Poynton Town Council's Community Support Team drop-in to say hello, and it's an opportunity to find out about other services and groups in the area too.
- If you would like to discuss anything further, about the Café please contact Sharon Duke <u>Sharon.duke@poyntontowncouncil.gov.uk</u> or 01625 872238.