

### Poynton Update and News, Tuesday 25th April 2023

#### Welcome to Poynton

We have produced a handy new leaflet, 'Welcome to Poynton'. It details useful information on local places to visit, AED locations, how to report problems and much more.

Take a look here https://bit.ly/3HkX2Tg or pop into the Civic Hall and collect a copy.

#### **Civic Hall refurbishment complete**

The project to refurbish the Civic Hall is now largely completed. As part of the project the aged electrical and heating systems were replaced with new more energy efficient systems. The electrical system has been installed in such a way that we can add solar panels at a later date and quotes are currently being obtained. In addition, the Council Chamber has been extensively refurbished and modernised. The new cupboards in the Main Hall allow us to store tables and chairs in a safer way and has resulted in a less cluttered room. One of our counselling rooms has also been refurbished and all other meeting rooms are newly decorated. Over the course of the next few months some additional work will be carried out to repair and renovate the hall floor and replace blown windows and a glass door. Interested in hiring our rooms? Contact us on 01625 872238.



**Celebrate National Gardening Week with us!** 

Save the bees, swap your seeds is an upcoming community event we have organised on Saturday 29th April. It will take place in the Heritage Garden outside the Civic Hall, and will include a seed and plant swap, free sunflower planting for families and an Ask the Gardener stand, manned by community gardeners.



#### Unveiling of commemorative stone

To commemorate the life and service of Her Majesty the Queen, a stone will be unveiled in the renamed Queen Elizabeth Memorial Garden outside Poynton Civic Hall on the 5th of May at 11am.

Tea and coffee will be available.

More information on the back page. We hope to see you there!







### Council Community Support Team (CCST) News

This month our CCSO's have been supporting the community in lots of diverse ways. They delivered talks on the Countryside Code at Mini V's pre-school and talks on Hate Crime to year 7's at Poynton High School.



They also organised two wonderful intergenerational events where Vernon reception children went to Linkers Group at the Baptist Church and to Holland Court to sing to the residents. Many of the older people who were present asked if the children could come back and spend more time with them chatting.

### Health and Wellbeing Fair a big success

What a great turnout for our Health, Wellbeing and Lifestyle event at Poynton Civic Hall on Wednesday 15th March.

We invited groups, services and organisations and in conjunction with staff from Middlewood Partnership, spoke to many residents about all things health and wellbeing.

Everybody Sport and Leisure showcased their programmes, Buddy and Befriending let visitors know about the services they offer to help reduce social isolation, Cit-



izens Advice were on hand to offer support, along with many local groups.

Cheshire East Council's Health and Wellbeing Bus also visited.

Thanks to Poynton Baptist Church who shared information about their Linkers Group and also provided refreshments for visitors and Poynton's Heart Heroes who carried out blood pressure and atrial fibrillation checks.

### Free Online Sessions available—Sign up now

Confidence to Care at End of Life – 2 hour session

Suitable for carers. This session will touch on some of the things that may happen at end of life and give carers the confidence to care and to find out about the natural process of death and how to offer comfort. To book a free place, follow the link: bit.ly/3ApI0qE

Next session: 15th June at 2pm

An Introduction to Supporting Loss, Grief and Bereavement - 1 hour session

Suitable for anyone who in their work/volunteering, need guidance in how to support others affected by a bereavement.

To book a free place, follow the link: bit.ly/43ShB29

Dates: 25th May at 9:30am, 5th July at 9:30am 19th September at 2pm, 8th November at 9:30am



#### **Twinning news: School links**

The Twinning Association of Poynton (TAP) is pleased to report that links between Poynton High School and Lycée Jean Moulin are set to resume after the programme was suspended due to the pandemic. The first venture will be a sponsored student exchange, with a Year 12 student from PHS spending a week in Haybes at Easter, as the guest of the Haybes Twinning Association. She will attend classes at the Lycée and explore the beautiful Ardennes region, before welcoming her exchange partner to Poynton for a return visit in the summer.

#### Volunteering opportunities in Poynton to celebrate the King's 'Big Help Out'

To mark His Majesty's Coronation, thousands of organisations across the country are getting together to give us all the chance help out in our local communities.

With a nod to The Big Help Out, we are working with local communities to create a leaflet highlighting volunteering opportunities in the Poynton area. To view the leaflet, please click the link: bit.ly/41NqRm4

...Or collect a copy from Poynton Civic Hall.

#### **Coronation events flyer**

Poynton Town Council are putting together a flyer of events taking place in the community for the King's Coronation.

This will be available to collect from reception from Monday 1st May at the Civic Hall, and will soon be live on the PTC website and the Facebook page.

#### **Coronation seeds and sunflower competition**

We are giving Poynton's primary school children a Coronation pack of sunflower seeds to commemorate the Coronation and our Pollinator Project. This initiative has been supported by Waitrose and their Give a Little Love campaign.

Later in the year we'll be finding out which child has grown Poynton's tallest sunflower too. All children welcome to enter, seeds available at the Civic Hall.

Of course, we'll need photographic evidence and there'll be a lovely prize for the winner. More details will follow!

### Celebrating our young people - supporting Poynton's older residents.

Students from Poynton High School who are taking part in their Duke of Edinburgh Award Scheme and Enrichment Programme are meeting with residents of Hope Green Care Home to lead a program of social activities, including arts and crafts, board games, sharing photographs, nail painting and of course a competitive game of Bingo or two. One student even gave an impromptu piano performance which encouraged a resident to have a tinkle on the ivories too!

Ellie, Ellie and Lucy are doing their Year 12 Enrichment programme and Olivia and Katie are doing their Duke of Edinburgh Award Scheme. All are having an enjoyable time connecting with residents and one student said "Volunteering at Hope Green and doing activities with the residents is very rewarding. The residents are great fun and we enjoy chatting with them and sharing stories".











## DEMENTIA FRIENDLY CONCERT AND CAFE

### Friday 19th May, 1:45pm start Poynton Civic Hall

Enjoy an engaging performance with local soprano and dementia specialist, Katy Allan.

Meet organisations and groups who support people with memory loss and their carers.

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The event is free, but please book a place by contacting the Civic Hall on **01625 872238** or call in at reception.

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## Free local football sessions and dance sessions continue throughout the spring

In partnership with Stockport County, Peaks & Plains, Cheshire East and Cheshire Police, Poynton Town Council's Community Support Team offer FREE football sessions for ages 10 to 16. This is not a league team or structured team coaching, just a fun session for all abilities. Sessions are on Wednesday evenings 6-7pm at Barnaby Park, Poynton. Come along and have a kickabout! <u>https:// bit.ly/3RDF2Vi</u>

The youth dance classes continue to be quite a hit for our local youngsters. Why not take advantage of these FREE, fun sessions for 8-15 year olds. Fridays 6.30-7.30pm at the Civic Hall. No need to book, just turn up! <u>https://bit.ly/3B1ergz</u>

Funding for both of these initiatives has been secured until March 2024. Take full advantage of these sessions while they are on offer.



FOOTBALL IN A FUN, SAFE & RELAXED ENVIRONMENT





Book that party, meeting or hobby group

Did you know that you can hire a room to do all of this at Poynton Civic Hall?

With newly renovated rooms including new heating, lighting, air conditioning and a digital projector monitor in our Chamber, we have seven rooms to choose from depending on your reason for hire.

<u>Main Hall with stage</u> (Capacity 200 theatre style or approx. 100 - 150 in a table setting) Ideal for children's parties, dance, theatre shows, band concerts, craft fairs, sports and exercise etc.

**<u>Red, Green & Blue Rooms</u>** (Capacity 12 people board room style) Ideal for a business meeting or hobby / activity/ night class group

<u>Plum & White</u> Rooms (Capacity 4 people) Ideal for counselling services, 1-1 meetings or nterviews

<u>Council Chamber</u> (Capacity 25 boardroom style or 50 Theatre style) Ideal for larger meetings, Interest talks, naby classes etc

All rooms can be set up with tables and chairs to your desired configuration – just ask.

We have overhead projectors, whiteboards boards, a large digital screen in the Council Chamber, a new kitchen and free Wi-Fi available for use as part of your booking fee.

With ample free parking, Poynton Civic Hall is the ideal location for your event, party, meeting, concert or even wedding reception.

For details, hire rates and availability please call Civic Hall reception on 01625 872238 or email <u>kate.mcdowell@poyntontowncouncil.gov.uk</u> or view our webpage here <u>Hire The Civic Hall</u>.



April 2023		
Thurs 27th	10:30—11:30am	CCSO surgery at the Acoustic Lounge
Sat 29th	10 —12pm	Save the bees, swap your seeds—community seed swap event, Civic
May 2023		
Weds 17th	10 - 11:30am	Time for a Cuppa event—Holland Court, Willow Close, Poynton
Friday 19th	1:45pm start	Dementia Friendly Concert and café—Poynton Civic Hall

Haf Barlow, Town Clerk

www.poyntontowncouncil.gov.uk

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Poynton Town Council

01625 872238

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# **SAVE THE BEES, SWAP YOUR SEEDS**

AN EVENT FOR GARDENERS OF ALL AGES AND ABILITIES TO 22



**CELEBRATE NATIONAL GARDENING WEEK** 

### SEED AND PLANT SHARE

Bring along your leftover seeds or surplus of seedlings and swap with other gardeners to try something new!



### FAMILY SUNFLOWER PLANTING

Bring a container (tins, jars, old pots welcome) and plant a seed to take home. Grow it tall and enter it into our 'tallest sunflower' competition later this year.

### **ASK A GARDENER**

**Burning gardening questions? Ask our** talented gardeners, attending from Poynton Heritage Garden Group and Coppice Road Allotments.

### REFRESHMENTS

Tea and cake you say? For a small donation, we've got you covered!





Saturday the 29th April 10am - 12pm

The Heritage Garden Outside Poynton Civic Hall (inside if the weather is wet!)

