



Poynton Area Community Partnership report for Cheshire East Council 2018 – 2019



Poynton Area Community Partnership (PACP) – Development of the group and promotion

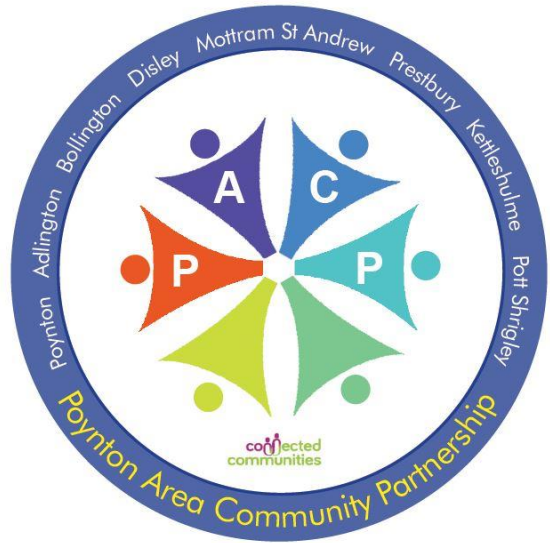
Poynton Area Community Partnership has continued to evolve significantly as a group and have expanded the geographical footprint of the Partnership to include Bollington. In recognition of the importance of being better aligned with Bollington, Disley and Poynton Care Community, the Partnership have proactively approached Bollington to involve them in Partnership activities. The group feel this is a positive action that will provide even more opportunity for information sharing and exploring different ways to develop a more integrated response to addressing important local issues. This contributes to ensuring our residents are more resilient and better connected with each other; are better connected to local services; involved with making decisions about what services are important in their area and are more aware of their surrounding neighbourhoods.

It has also been wonderful for Prestbury to recently recognise the benefits of the group.

We have updated the Poynton Area Community Partnership logo to reflect the involvement of Bollington.



Cllr Sarah-Jane Gilmore, Chair of Poynton Area Community Partnership and Cllr. Roland Edwards, Mayor of Bollington.



Amendments to the Constitution

A full and comprehensive review of the Constitution has taken place to better reflect the activities of the group and Bollington becoming part of the Partnership.

Improving communication

PACP's Chairman, Cllr Sarah-Jane Gilmore and Poynton Town Council 's Communities Co-ordinator, Sharon Duke has met with all the parishes in the Partnership to better understand local issues in the parishes. Communication continues to be a huge challenge, particularly in the more rural parishes and is the reason why a number of funding applications have supported improved communication that meets the needs of the individual community. E.g. a new parish noticeboard at Adlington Village Hall.

Connected Communities Centre – Poynton Civic Hall

Poynton Civic Hall, the Connected Communities Centre for the area continues to play an important role and the Connected Communities Centre Fund (CCCF) has supported a number of initiatives including:

Poynton Area Health Walks programme

A new Poynton Area Health Walk programme, both in terms of providing a venue for training and during the winter months, a space for people to socialise after walks. This has become an important element of the programme and we are aware that some people are now meeting outside of the walking group. Some volunteer Health Walk Leaders are also members of the Partnership.



Dementia initiatives

Workshops

The CCCF has enabled the Advanced Dementia Support Team from the End of Life Partnership to deliver two workshops for carers looking after people living with dementia. These workshops focused on carers dealing with end of life concerns and encouraged the importance of future planning. These sessions were developed in direct response to discussions at B.D.P. meetings with the specific aim of preventing crisis at difficult times.

Dementia Friends sessions

Dementia Friends Information Sessions have been delivered from the Civic Hall to many people by Dementia Champions from Cheshire East Council and Partners from the Waitrose store in Poynton. This includes talks to primary school children and many businesses in Poynton.

Time to Talk sessions

This pilot initiative aimed to provide drop-in sessions facilitated by a number of services including the Dementia Reablement Service, Community Matron, Local Area Co-ordinators, Dietitian from East Cheshire NHS Trust, etc. The sessions were open to carers and people living with dementia to receive information, advice and reassurance about dementia related concerns. It has been agreed that this initiative will be expanded across the wider Middlewood area in future, with the plan to have drop-in sessions at Bollington and Disley.

Time to talk

Are you living with dementia?
Are you a carer of someone living with dementia?
Would you like some advice or support?

Just call in at one of the drop in sessions for friendly professional advice from the local health team. Find out about dementia services, finances, therapies, diet and social groups etc. There's no need to book.

Mondays 1pm – 2.30pm
April – 1st 15th 29th
May – 13th
June – 10th 24th

Poynton Civic Hall, off Park Lane, Poynton, SK12 1BB (next to the library) For more information contact your Local Area Co-ordinator or localarea.coordinators@cheshireeast.gov.uk
Telephone: 01708 862222 07973 918187

Partners: NHS, Poynton, Cheshire East, and others.

Young person's counselling service



Just Drop-In have been able to provide a weekly, person-centred counselling service for young people aged between 12 and 25 years at Poynton Civic Hall from May 2019. The service is based in Macclesfield but have recently started an out-reach service at Wilmslow. The new Poynton service has been inundated with requests and consequently a review regarding capacity is planned for the future.

Hearing Loss and tinnitus



During Tinnitus Awareness Week in a well-attended workshop was held by Action on Hearing Loss at Poynton Civic Hall to raise awareness and highlight the significant impact that hearing loss and tinnitus has in our communities. This was part of a wider campaign to alert young people to the issues around hearing loss which included workshops at Poynton High School and an acoustic gig at the Acoustic Lounge in Poynton where Tom Hingley from the Inspiral Carpets did a set to support the campaign, following the suicide of the bands drummer as a result of tinnitus.



PACP Collaborative Projects

Health and Well-being Fairs – Poynton and Disley

The annual events held in Poynton and Disley are very well attended and are a great opportunity for people to learn more about what services are available locally to promote positive health and wellbeing including Cheshire East Council commissioned services such as One You Cheshire East and the Be Steady, Be Safe falls prevention classes.

The Health and Wellbeing Fair in Poynton was a huge success and was supported by the Patient Participation Groups who encouraged residents to pop in after receiving their flu vaccinations at Priorsleigh Medical Practice. The Communities Co-ordinator also produced a display to promote Self-Care with fact sheets and information available on what to include in a home medicine cabinet. Information was also available to highlight the cost of accessing health services.



Dame Sarah Storey opened the Health and Wellbeing Fair at Disley. There was also strong representation from local organisations such as Disley Amalgamated Sports Club, The Schoolhouse Surgery and Disley Footpaths Society.

There were practical demonstrations and activities with the Schoolhouse Surgery carrying out free BMI checks and Lisa Robinson-Hall offering relaxing massages.

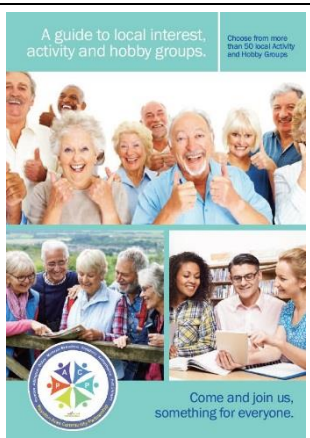
The Healthy Bites Café also offered served guilt-free food refreshments.

End of First World War Commemorations

Men in Sheds Poynton played a key role connecting the parishes in their end of the First World War commemorations by making life-size soldiers. Soldiers were made for Kettlethulme and Mottram St Andrew as well as Poynton. This was a notable project which connected a number of parishes together and the soldiers were key features in the commemorations.



Tackling social isolation
 The booklet 'A guide to local interest, activity and hobby groups' was first produced before Christmas 2018, in response to the group recognising that there are many residents who are socially isolated. The booklet was circulated to residents' homes in Poynton and made available at public venues in the surrounding parishes. The group received many positive comments from residents and health professionals, so a reprint of the booklet was agreed. The booklet contains information and statistics about the impact of loneliness and encourages people to support others to attend groups. This booklet has also been recognised as good practice and adopted by Handforth Patient Participation Group and further afield by The Rotary Club of Garstang & Over Wyre.



Projects, events and equipment supported by Poynton Area Community Partnership/Cheshire East Council funding

Pott Shrigley Parish Council

Pott Shrigley Church School PTA - Shrigley Stag Fell Race



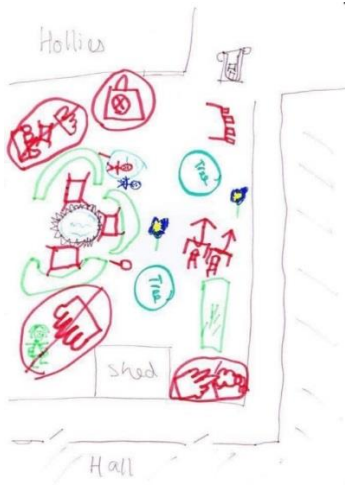
Pott Shrigley Church School PTA secured funding to cover start-up costs associated with organising the first Shrigley Stag Fell Race. The event attracted 151 entrants, most of whom brought friends and family along with. As well as promoting a healthy lifestyle, the event raised £2500. Profits will be split between the village hall and school PTA to contribute to enhanced primary education and life-skills in leading to a more sustainable rural community.

Disabled ramp – St. Christopher’s Church
 St. Christopher’s Church receives thousands of visitors every year but following an accident with a temporary ramp some years ago, was no longer able to offer disabled access to the churchyard. A new permanent ramp in the context of a listed building was required to enable people with limited mobility to access the churchyard.

Poynton Town Council

Lower Park School PTA - Sensory Garden

Lower Park Primary School PTA have identified an area within the school grounds for a sensory garden. A staff member from Nottcutts listened to the brief set by the children and developed a design for this intergenerational community project. The space will be utilised by teachers and children to improve the health and wellbeing of the children by facilitating diversionary activities, such as gardening/growing vegetables, creating a bughouse, even monitoring the weather through a self-built weather station. The plan also is to invite community group involvement to enable sharing of knowledge and experience with the children and develop intergenerational activities. It will also support Citizenship and Science projects and link to the curriculum with alternative learning for Special Educational Needs children, enabling the development of wellbeing activities and the development of transferable life skills.



Energy Youth – Eden Bus



Energy Youth from Poynton Baptist Church secured funding for the Eden bus to attend Christmas Fest 2018. The festive family event is organised by volunteers and Energy Youth wanted to enhance the offer available for young people. The bus is packed full of entertainment from karaoke and Fifa to a rock-climbing wall and a slide and was a great way of engaging with young people on the evening.

Clickety Click – resources

The Clickety Click Club are a group of ladies aged between 40 and 98 years of age who knit for worthwhile causes in the area. The grant enabled wool and craft items to be bought so their creative work can continue, such as: knitted items for local maternity hospitals; Twiddlemuffs for Macclesfield Hospital & Age U.K. Cheshire East; hats, gloves and scarves for the homeless, blankets for people living in local hospices who are receiving palliative care, etc. The ladies also provide support to each other as well as sharing skills and life experiences. Some ladies live on their own, are widows, are looking after husbands living with dementia, are parents of special needs children.



Adlington Parish Council

Parish noticeboard

The noticeboard was a new addition at the Village Hall with the primary aim of improving communication about events and social activities in the village as well as the surrounding areas. Many residents are elderly, and this was an alternative way of presenting information about social activities to residents as not all see the Parish Council noticeboards or access the internet.

Mottram St Andrew

Contribution to a 24-hour A.E.D. unit

A charity has donated a defibrillator to Mottram St Andrew Primary Academy school. In order to make the A.E.D. 24-hour accessible, PACP have agreed to fund a box that will enable the A.E.D. to be housed externally on the school building, providing full community access to the A.E.D. 24 hours a day, 7-days a week.

Disley Parish Council

Disley Community Bus Scheme

PACP have supported the Disley Community Bus Scheme run by Disley Parish Council, a not-for-profit community transport scheme. In 2018 a brand new 15-seater minibus was purchased from a variety of funding avenues and is driven by a team of volunteer drivers who have all completed a minibus driving awareness course. The bus contributes significantly to reducing social isolation in the area and is a lifeline to Disley's older residents.



Bike and Scooter Shed

An old school out-building was repurposed as a Bike and Scooter Shed for the children of Disley Primary School so they are able to cycle and scoot to school and have somewhere safe and dry to leave their bikes and scooters.



PRIDE

Pride of Residents in Disley's Environment - PRIDE are a 15-strong group of volunteers who fund raise to make improvements throughout the village including planting flower beds in the community centre area and all entrances to Disley, twice a year.

