

Time to Talk

Are you living with memory problems or dementia?

Are you a carer for someone with memory problems or dementia?

Would you like some advice or support?

Call in at one of the drop-in sessions at Poynton Civic Hall for friendly, professional advice from your local health team.

Find out about dementia services, finances, therapies, diet and social groups, etc.

There's no need to book, just turn up. For more details see overleaf.



**connected
communities**



Time to Talk 2026

Wed 7th January	Poynton Civic Hall, SK12 1RB	1.30pm-3pm
Wed 18th February	Poynton Civic Hall, SK12 1RB	1:30pm-3pm
Wed 1st April	Poynton Civic Hall, SK12 1RB	1:30pm-3pm
Wed 27th May	Poynton Civic Hall, SK12 1RB	1:30pm-3pm
Wed 8th July	Poynton Civic Hall, SK12 1RB	1:30pm-3pm
Wed 2nd September	Poynton Civic Hall, SK12 1RB	1:30pm-3pm
Wed 14th October	Poynton Civic Hall, SK12 1RB	1:30pm-3pm
Wed 9th December	Poynton Civic Hall, SK12 1RB	1:30pm-3pm

